

Please be advised that not all of the recipes are appropriate for all people.
If you have specific dietary restrictions and are unsure if a recipe works for you, please contact us.

Asian Chicken Stir Fry with Rice Noodles

Ingredients:

- 1-2 T coconut oil
- 2-3 green onions
- 1 clove Garlic
- Cabbage
- PeaPods
- 1 Lb Chicken Breast cut into bite size pieces
- 1 Pkg Brown Rice Noodles
- Organic Peanuts
- Braggs Liquid Amino Acids

Directions:

- Heat oil in a large skillet over medium heat. Add chicken, minced garlic and onion. Cook chicken until no longer pink.
- Add cabbage and peapods – stir fry.
- Cook Rice Noodles per package directions.
- Add Braggs and Peanuts to Chicken mixture – Toss
- Serve over rice noodles.