

Please be advised that not all of the recipes are appropriate for all people.  
If you have specific dietary restrictions and are unsure if a recipe works for you, please contact us.

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## **Beanies & Weenies**

*4 servings*

### **Ingredients:**

- 12oz water
- 15oz can baked beans
- 12 oz package 100% grass fed beef hot dogs, sliced into ¼ inch slices
- 1 Tbsp raw honey

### **Directions:**

- Bring water to a boil in saucepan. Add hot dog slices and cook for about 5 minutes until plump.
- Drain water, leaving hot dog slices in the pan.
- Stir in the baked beans and honey. Simmer over low heat for 15 minutes, stirring occasionally.