

Please be advised that not all of the recipes are appropriate for all people.
If you have specific dietary restrictions and are unsure if a recipe works for you, please contact us.

Can't Be Beet Bars

[www.chachasgfkitchen.blogspot.com]

Preheat oven to 400 degrees. Lightly grease 13 x 9 pan with coconut oil.

Ingredients and Directions:

In a blender combine until completely pureed:

- 6 large eggs
- 1 can sliced beets (15 ounce, approx.)

Pour into mixing bowl (I use my Kichenaid) with:

- 1 lb Almond Meal
- 2/3 cup Organic Sugar
- 1 Tablespoon Vanilla
- 1 teaspoon Baking Powder
- 1/2 teaspoon Sea Salt

When thoroughly mixed add:

- 1 cup White Chocolate Chips
- 1 cup Dark Chocolate Chips

Stir to blend and spread into baking pan. Bake for 30 - 35 minutes or until firm in center. Cool completely before cutting. Enjoy!