

Please be advised that not all of the recipes are appropriate for all people.
If you have specific dietary restrictions and are unsure if a recipe works for you, please contact us.

Cocoa Coconut Bites

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Ingredients:

- 1 1/2C coconut
- 1/2C cocoa
- 1/3C rolled oats
- 1/2C maple syrup
- 1/4C coconut oil, softened
- 1/2tsp vanilla
- 1/4tsp cinnamon

Directions:

- Mix all ingredients together
- Set in fridge for 20 min.
- Pre-heat oven to 215 degrees
- Roll into 1 inch balls
- Bake 20 minutes