

Please be advised that not all of the recipes are appropriate for all people.
If you have specific dietary restrictions and are unsure if a recipe works for you, please contact us.

Coconut Protein Bites

Ingredients & Directions:

- 8 1/2 oz coconut cream
 - Whisk until smooth in bowl
- Add 12 oz. coconut, finely shredded
 - Whisk until smooth
- 4 scoops vanilla protein powder(or other flavor)
 - Form into balls, roll in coconut
- Optional: dip or drizzle with melted chocolate