

Please be advised that not all of the recipes are appropriate for all people.
If you have specific dietary restrictions and are unsure if a recipe works for you, please contact us.

Copycat Chocolate Crunch Bars

[Adapted from Copycat Chocolate Crunch Bars @ chocolatecoveredkatie.com]

Ingredients:

- ¼ c rice krispies (brown or white, or gf)
- ½ c cocoa powder
- ¼ c virgin coconut oil
- ½ c sweetener to taste (options include: pure maple syrup or honey)
- Tiny dash salt (makes the flavor pop)

Directions:

- Combine coconut oil and sweetener. Stir, then add cocoa powder and rice krispies (if needed, add 3 tbsp water or milk of choice, only if using stevia).
- Stir until it gets thick.
- Pour into any flat container (or candy molds, or smush between layers of wax paper in Ziploc bags).
- Freeze until solid, and store in the freezer.