

Please be advised that not all of the recipes are appropriate for all people.
If you have specific dietary restrictions and are unsure if a recipe works for you, please contact us.

CRISPY RICE SNACKS

(makes approximately 2 dozen)

Ingredients:

- ½ C chunky peanut butter
- ½ C honey
- ½ C chopped nuts
- ½ tsp vanilla extract
- ½ tsp cinnamon
- 2C crispy brown rice cereal

Directions:

- Mix peanut butter, honey, nuts, vanilla and cinnamon together in a bowl. Add cereal and stir gently until cereal is well coated.
- Place a dish of water near the bowl.
- Using wet hands, form the mixture into walnut sized balls and place them on a lightly oiled dish or sheet of waxed paper.