



**NUTRITION SUPPORT - IMMUNE**

<b>Supplement</b>	<b>Reason</b>	<b>Adult Dose</b>	<b>Child Dose</b>
<i>Standard Process/MediHerb:</i>			
Andrographis	Acute Support/Viral & Bacteria	1-3 caps per day	½-1 cap per day
Astragalus	Chronic Immune Support	1-3 per day	½-1 cap per day
Broncafect Liq	Respiratory Support	1-3 tsp per day	5 drops - 1 tsp
Broncafect	Respiratory Support	2-4 per day	1-2 per day
Calcium Lactate*	Fever Support	1-2 every 20 min	1 every 20 min
Chew Catalyn	Children's multi vit. support	6-9 per day	1-3 per day
Congaplex** Congaplex Chew	Upper Respiratory Support	3-4 caps 3-4x day	1-2 caps 3-4x day
DiaCo Liquid	Respiratory Support/Immune	1-3 tsp per day	5 drops - 1 tsp
Echinacea-C	Immune system herbal support	4-6 tabs 2x day	1-3 tabs 2x day
Echinacea Prem	Immune system herbal support	2-4 1x day	½ tab 1 x day
Epimune Complex	Immune Support - Viral	3-6 per day	1-3 per day
Herbal Throat Spray	Throat / Immune Support	3-4 Sprays as needed	1-2 sprays as needed
Immuplex**	Viral support	3-4 caps 3-4x day	1-2 caps 3-4x day
ResCo Liquid	Respiratory Support	1-3 tsp per day	5 drops - 1 tsp
<i>NutriPlex</i>			
Flavo C**	Overall immune support @ cell level	3-4 caps 3-4x day	1-2 caps 3-4x day
Immune Support	Overall immune support @ cell level	3-6 per day	½ to 4 per day
Vital Defense	Immune/Liver Support	2-4 per day	*** MT Dose
<i>Young Living Essential Oils</i>			
Eucalyptus	Upper Respiratory/ Pneumonia/WC/Croup	Please see essential oil information	
Frankincense	Immune		
Peppermint	Digestion/Upper Respiratory		
RC/Raven	Upper Respiratory/ Pneumonia/WC/Croup		
Thieves	Immune - Feet & Lymph		
<i>***Essential Oil Capsules: In office</i>			
<i>HerbPharm/Energique</i>			
Children's Echinacea	Immune	N/A	5-60 drops/day
Grippe HP	Viral Vomit/Diarrhea	20-60 drops/day	5-30 drops/day
Rehydrate Drops	Cellular Hydration	1 drop/1 oz of water	1 drop/2oz of water

\*Continue with calcium lactate every 20 minutes until fever drops but should still run low grade 99-102 degrees.

*Depending on response may adjust dosage to more or less.*

Water daily should equal ½ body weight in ounces with Rehydrate, if needed.

\*\*Drop in half once feeling better ~ continue 3-5 days \*\*

Note: The above is not intended to replace medical advice or care of a physician.