

Please be advised that not all of the recipes are appropriate for all people.
If you have specific dietary restrictions and are unsure if a recipe works for you, please contact us.

Pumpkin Blueberry Pancakes

[The Real Food Diet Cook Book, by Dr. Josh Axe]

Ingredients:

- 1 cup gluten-free pancake mix
- 2 eggs
- ½ cup coconut milk
- ½ cup canned pumpkin
- ½ cup fresh or frozen blueberries
- 1 tsp vanilla
- 1 tsp cinnamon
- 2 tbsp butter

Directions:

- Mix all ingredients (through cinnamon) together in a bowl.
- Heat butter in a large skillet over medium heat and drop a scant ¼ cup of batter into pan. Cook, flipping once, until golden on each side.